

# 100 Acts of Kindness

Make someone's day a little brighter!

**10 Pleases** - Say please when you ask for something

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**10 Thank you's** - Thank someone when they do something for you

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**10 Smiles** - Offer a smile to someone

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**10 Compliments** - Give someone a compliment

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**10 Helping hands** - lend a hand without being asked

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**10 Share somethings** - a game, a snack, an idea, a laugh

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**10 Questions** - Ask someone how they are doing today

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**10 Responses** - When someone asks how you are doing, say "Awesome!"

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**10 Clean ups** - Put something away where it belongs

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**10 High fives** - Give someone a high five for being amazing

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Help us reach one million acts of kindness!

Go to [www.DropAPebble.org](http://www.DropAPebble.org)

and join the 100 Acts Group

"I dropped 100 kind acts like  
pebbles hitting a pond...

I made some ripples, just  
because I can!"



**Extra Credit** - Create a gift or card for someone special

What do you get? Watch how that special person reacts - that's what you get!

Name \_\_\_\_\_

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